

○ MUSIC  city COUNSELOR

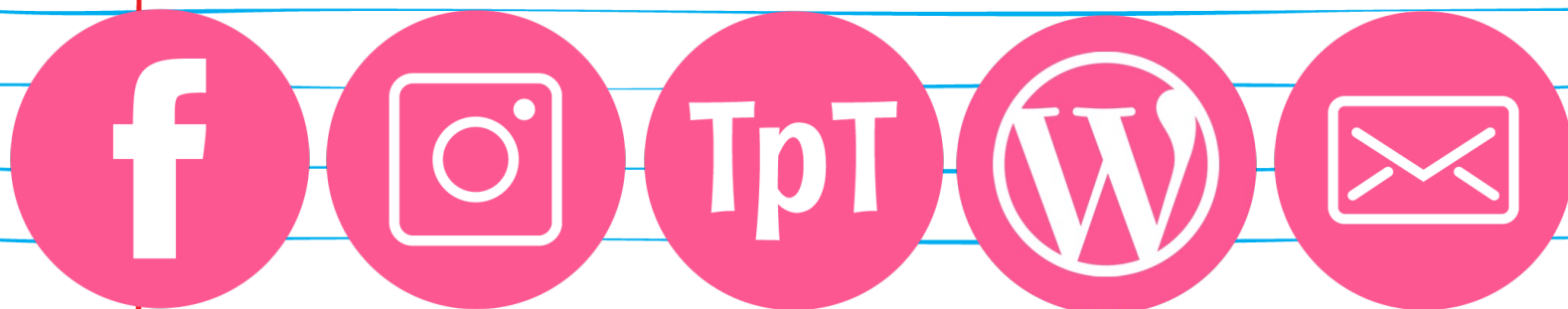
THANK YOU FOR YOUR
PURCHASE!



Hey y'all, Laura here! I so appreciate when you please take a moment to leave a review on my resources on my TpT Store. Thanks for your support! Enjoy the resource!

♥ *laura oathout*

LET'S CONNECT!



For helpful ideas, engaging resources, and freebies, please check out my **website** and **membership**!

○ ♥ **WEBSITE:** www.musiccitycounselor.com

♥ **MEMBERSHIP:** www.counselorcollab.com

ASCA MINDSETS & BEHAVIORS:

Category 1: Mindset Standards

- M1: Belief in development of whole self, including a healthy balance of mental, social-emotional, and physical well-being.
- M2: Self-confidence in ability to succeed.
- M6: Positive attitude toward work and learning.

Category 1: Behavior Standards

- B-LS 4: Apply self-motivation and self-direction to learning.

DIRECTIONS PAGE 1:

This lesson will take approximately 45 minutes to teach.

Recommended Sequence:

- Read the story, "Bubble Gum Brain" by Julia Cook aloud to students.
- Review the PowerPoint or digital for Google Slides™ presentation.
- Review (and display) the instructional posters with students.
- Use the discussion cards with students.
- Play the digital or printable Bubble Gum Brain vs. Brick Brain sorting game.
- Choose the craft, a worksheet, or a coloring page to close the lesson.

Materials Needed:

- Printed materials
- 2 brown paper lunch sacks
- Scissors
- Glue stick
- Crayons or markers
- Pencils

To Prep the Sorting Game:

Before the lesson, please grab two paper lunch sacks or gift bags of similar size. Full color and black/white materials are included. Please print, cut out, and glue the "Bubble Gum Brain" and "Brick Brain" labels to the top of each bag so that the characters are hanging off the top of the bag a bit as shown in the sample. Please print the 30 scenario cards on cardstock and/or laminate them so that you can use them year after year. Once they're printed, please cut out the scenario cards.

PowerPoint Presentation:

Both a PowerPoint and digital for Google Slides™ presentation are included. This presentation goes along with the story, "Bubble Gum Brain" by Julia Cook. It teaches students the difference between "Bubble Gum Brain"

DIRECTIONS PAGE 2:

It teaches students the difference between "Bubble Gum Brain" (growth mindset) and "Brick Brain (fixed mindset). The presentation closes with 3 discussion questions. Students can "turn and talk" with a partner, then share out their answers with the class.

Posters:

4 posters are included. Please use these in instruction and display them in your space.

Discussion Cards:

12 discussion cards are included in full color and black/white. Please divide students into groups of 2-3 students and give them each 1-2 cards. Ask students to discuss the question with their small group and then share their responses with the class.

Play the Printable Sorting Game:

To play, please first review the Bubble Gum Brain and Brick Brain posters.

Then, place the sorting bags and scenario cards at the front of the classroom. Students take turns choosing a scenario card and reading it aloud to the class (or asking the educator to read it aloud). I display the cards on the projector after a student selects it so that all students can follow along. Then, the student who chose the card places it in the "Bubble Gum Brain" bag if the statement shows a growth mindset, or in the "Brick Brain" bag if the scenario represents a fixed mindset. I recommend explaining each card to students after the child places it in the bag and generating a bit of discussion about why the card represents a growth or a fixed mindset. Since there are 30 cards, every student in a typical elementary class can have at least one turn.

Worksheets & Coloring Pages

Multiple options for worksheets and coloring pages are included to close the lesson. Please choose the ones that best fit the needs and abilities of your students.

DIRECTIONS PAGE 3:

Craft

Two options for the craft clipart are included – please choose the one that you like best, or let students choose. Students can color the Bubble Gum brain and cut it out. Then, they can glue it to the top of the writing page. Then, they can write about when they have a Bubble Gum Brain.

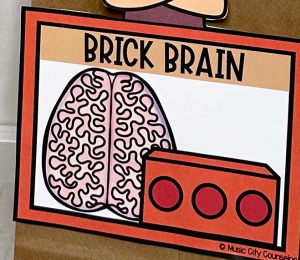
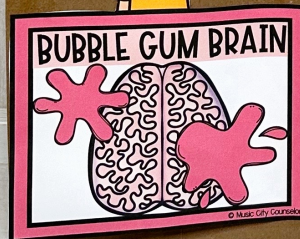
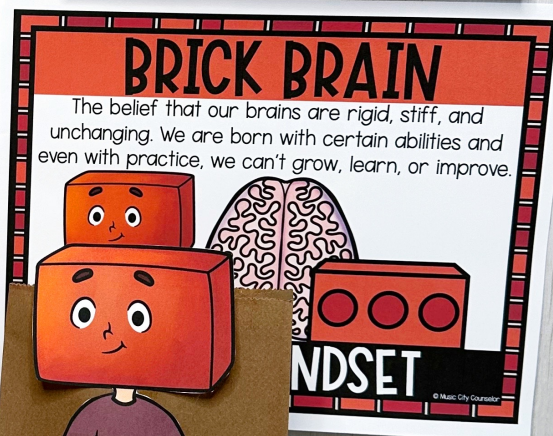
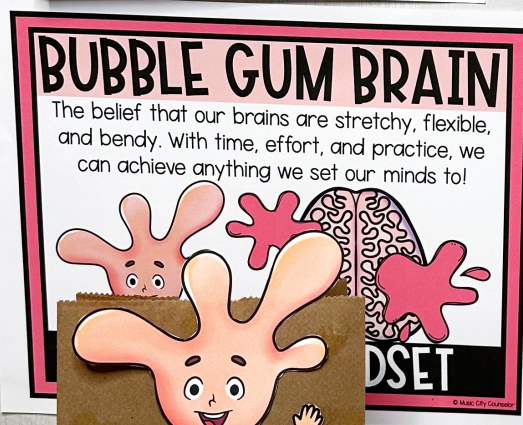
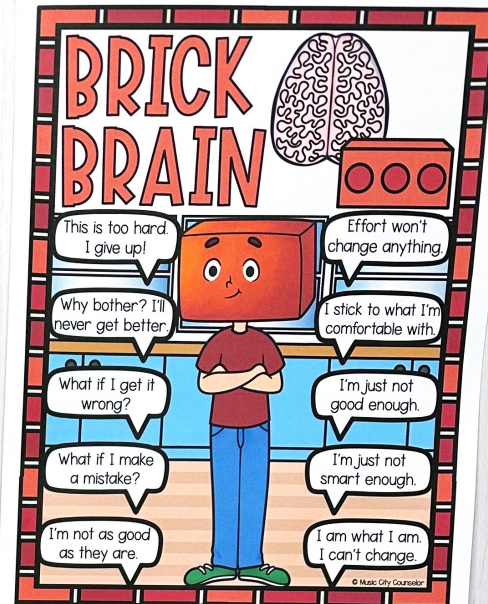
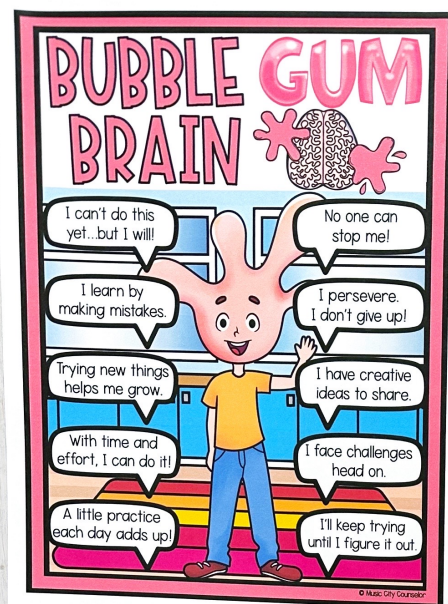
Please see the included sample.

Questions, comments, or suggestions?

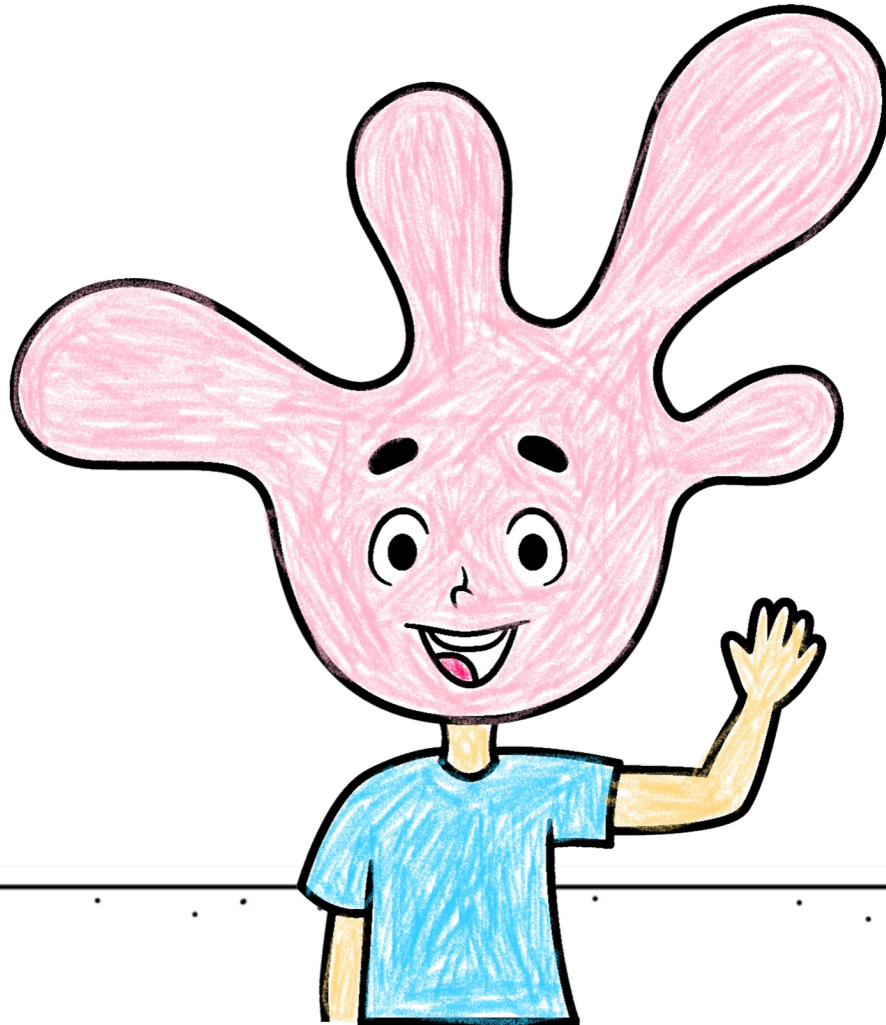
Please contact me any time at
laura@musiccitycounselor.com. I'm here
to help!

PS I SO appreciate when you please take
a moment to leave a review on my
resources on my TpT store. It earns you
credits towards future purchases, helps
other educators find quality materials,
and helps my small business grow! 😊

SORTING GAME SAMPLE:



CRAFT SAMPLE:



Name: Jorge Silva

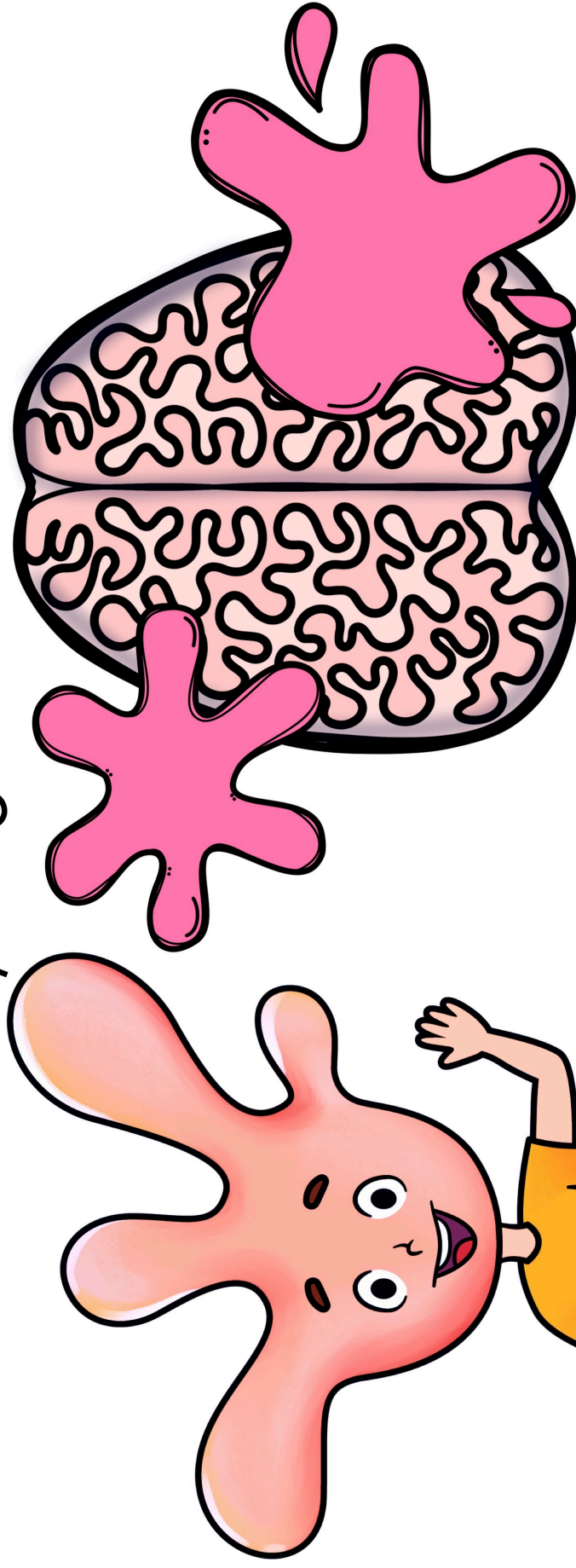
BUBBLE GUM BRAIN

I have a Bubble Gum Brain when I...
try my best and don't give
up. I believe in myself and
my abilities. Effort, time,
and practice help me grow!

POSTERS

BUBBLE GUM BRAIN

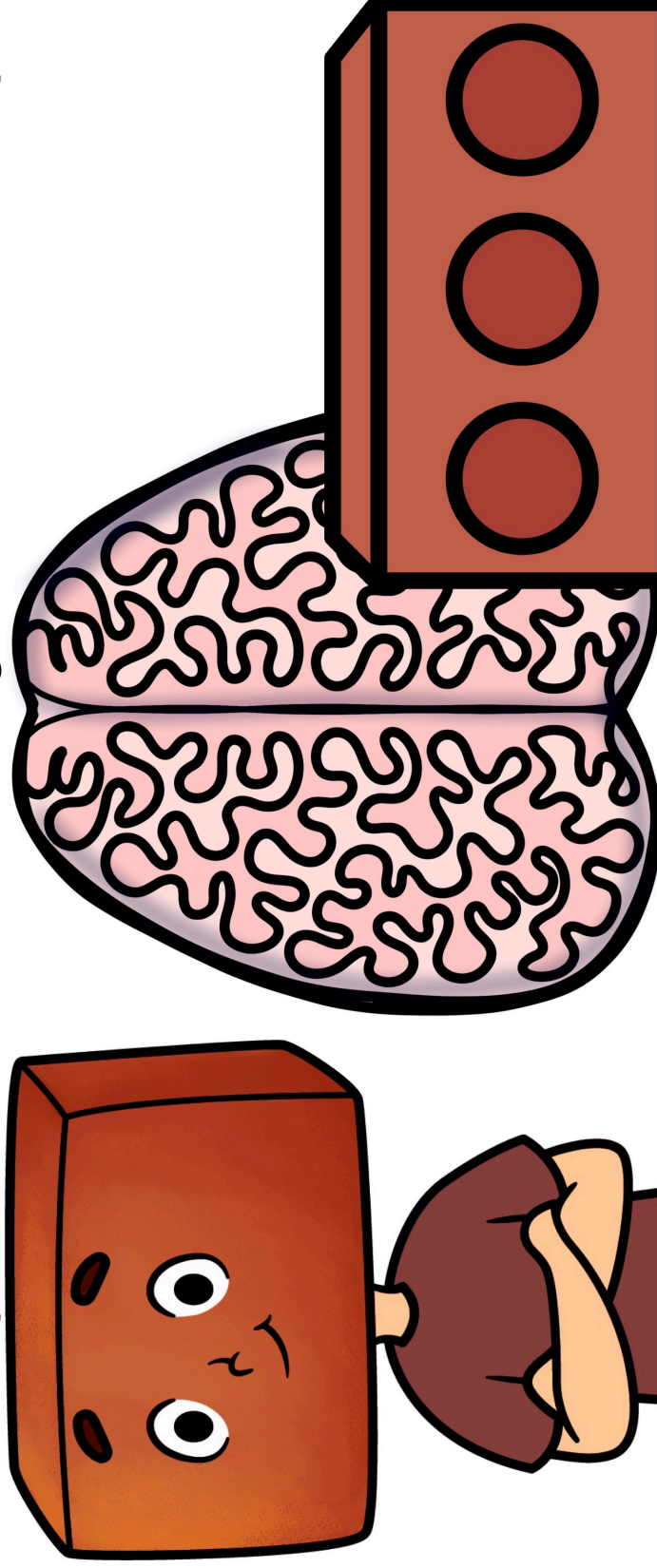
The belief that our brains are stretchy, flexible, and bendy. With time, effort, and practice, we can achieve anything we set our minds to!



GROWTH MINDSET

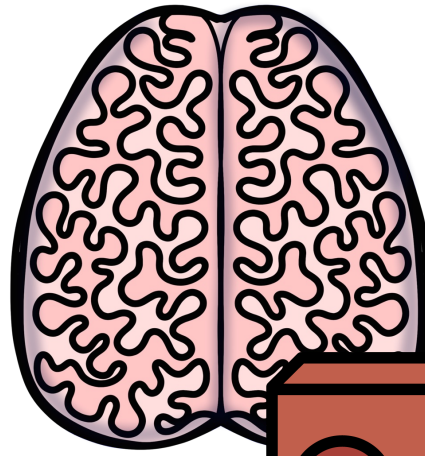
BRICK BRAIN

The belief that our brains are rigid, stiff, and unchanging. We are born with certain abilities and even with practice, we can't grow, learn, or improve.



FIXED MINDSET

BRICK BRAIN



This is too hard.
I give up!

Effort won't
change anything.

Why bother? I'll
never get better.

I stick to what I'm
comfortable with.

What if I get it
wrong?

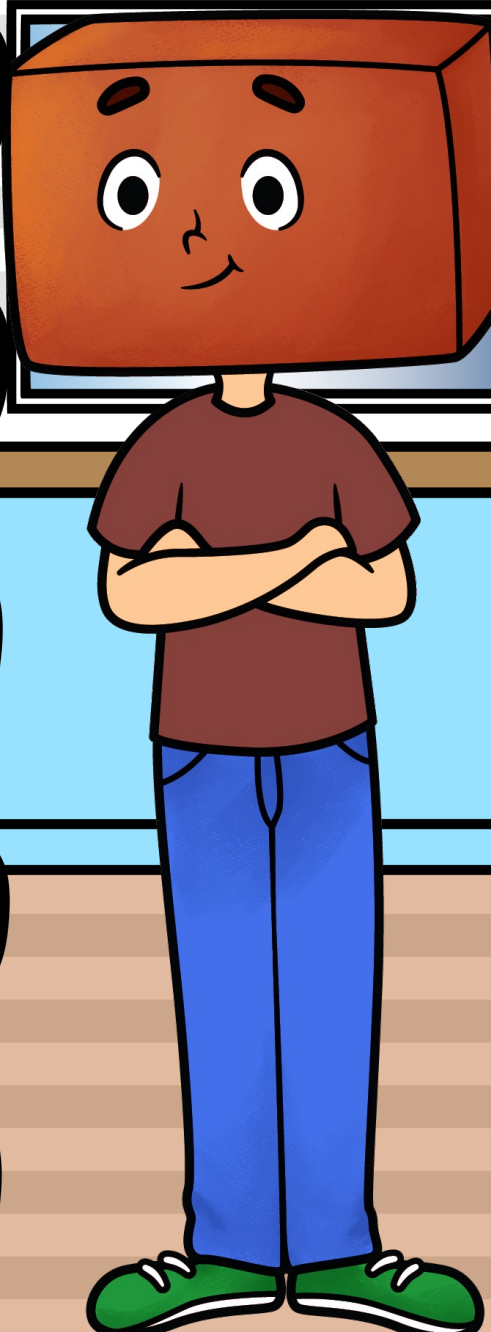
I'm just not
good enough.

What if I make
a mistake?

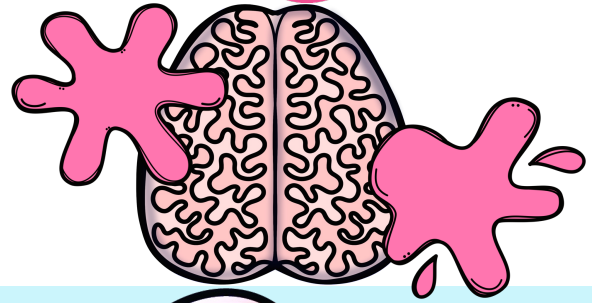
I'm just not
smart enough.

I'm not as good
as they are.

I am what I am.
I can't change.



BUBBLE GUM BRAIN



I can't do this yet...but I will!

No one can stop me!

I learn by making mistakes.

I persevere. I don't give up!

Trying new things helps me grow.

I have creative ideas to share.

With time and effort, I can do it!

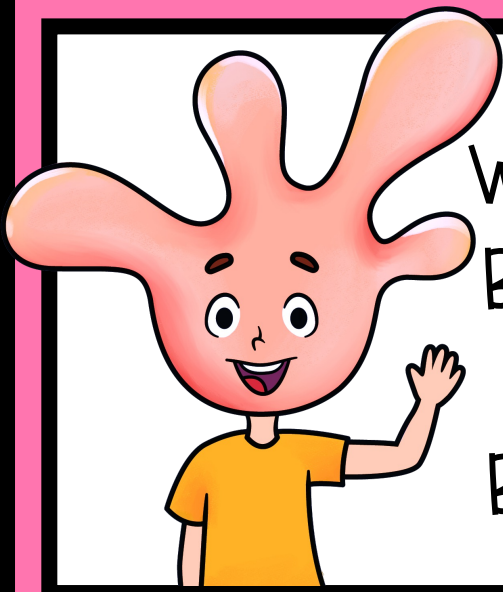
I face challenges head on.

A little practice each day adds up!

I'll keep trying until I figure it out.

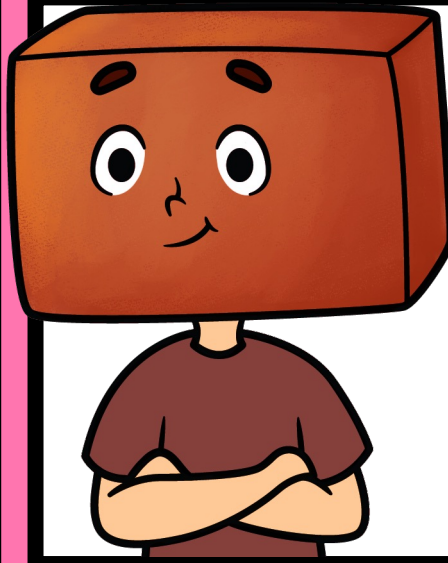


DISCUSSION CARDS



What is
Bubble
Gum
Brain?

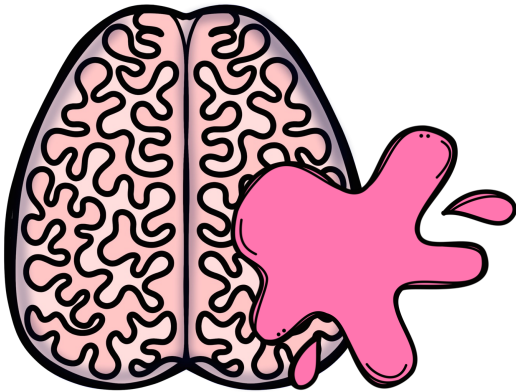
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What
is Brick
Brain?

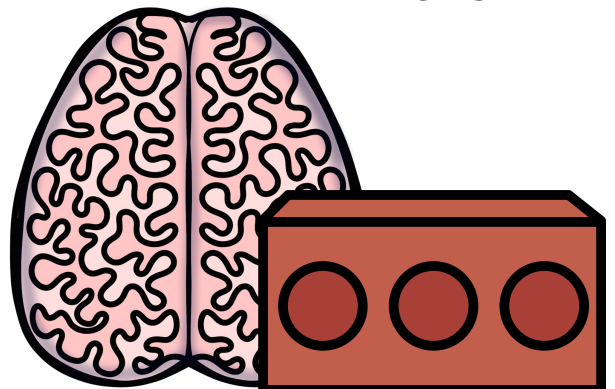
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What does it mean for
our brain to stretch?



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What does it mean for
our brain to be stiff?



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What is
growth
mindset?



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What is
fixed
mindset?

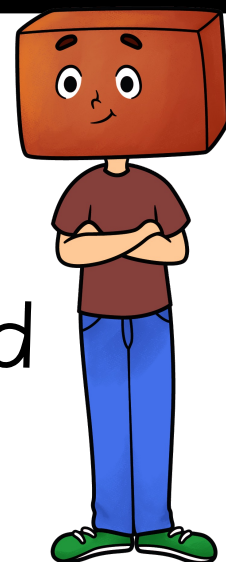


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How did
Bubble
Gum Brain
show a
growth
mindset?

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How did
Brick Brain
show a fixed
mindset?

© Music City Counselor



Share
about a
time when
you had a
growth
mindset.

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How did
Bubble
Gum
Brain's
mindset
help him?

© Music City Counselor

How did
Brick
Brain's
mindset
hurt him?

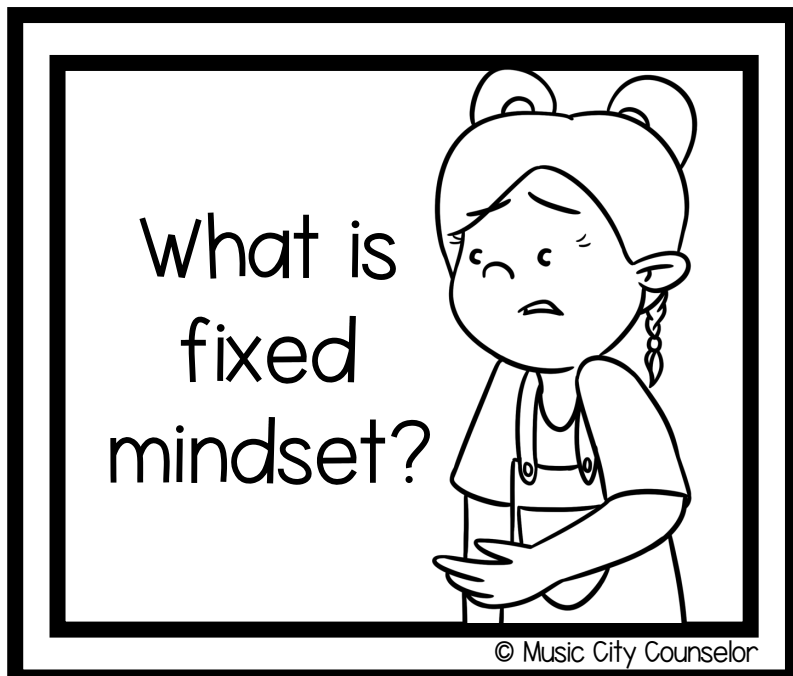
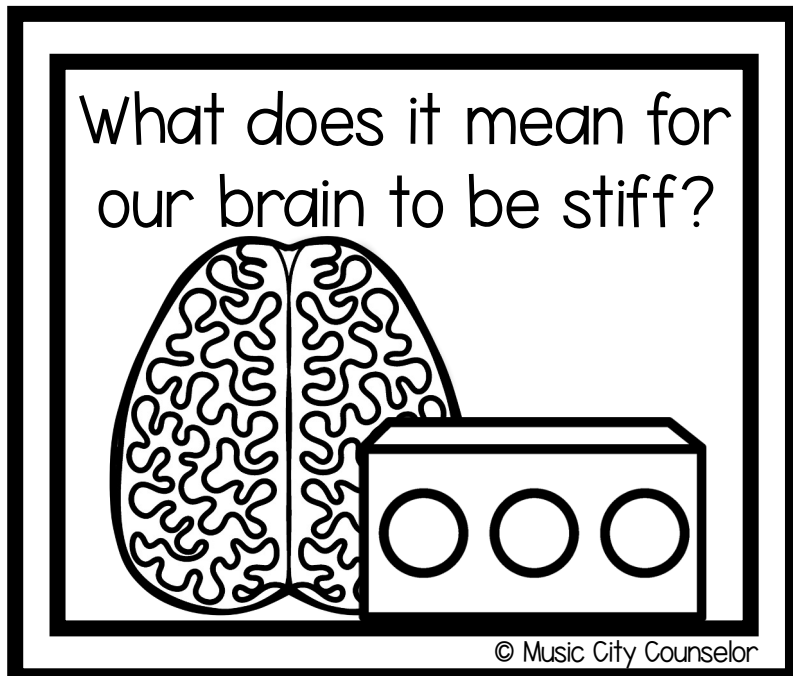
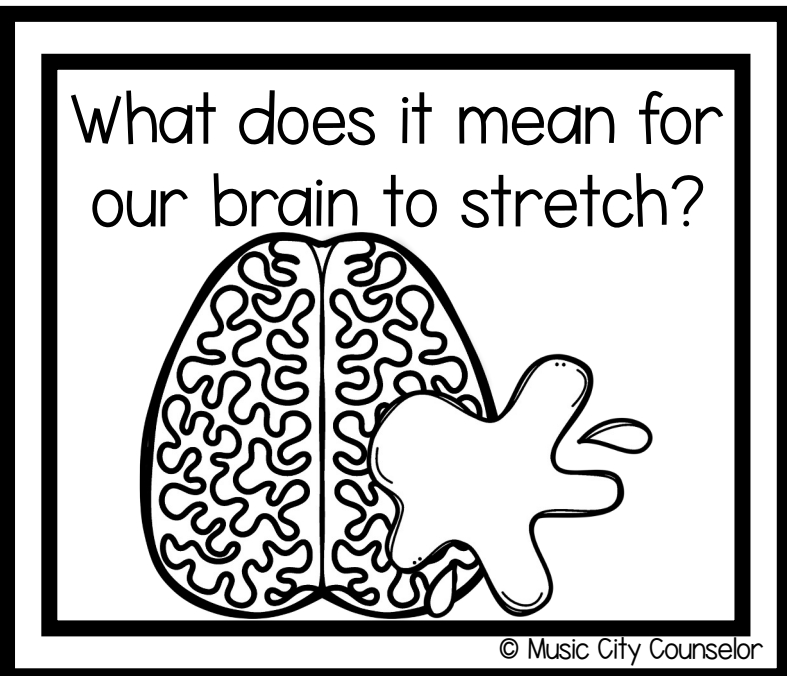
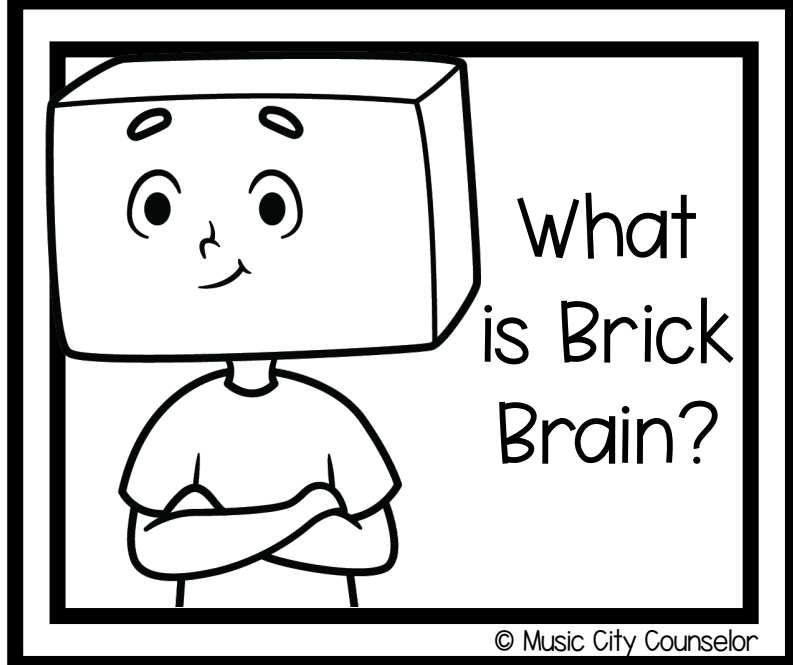
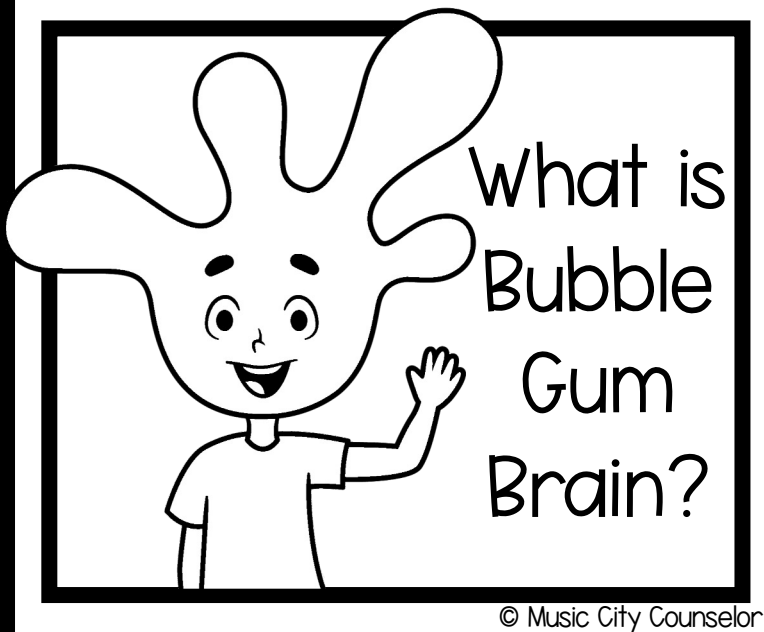


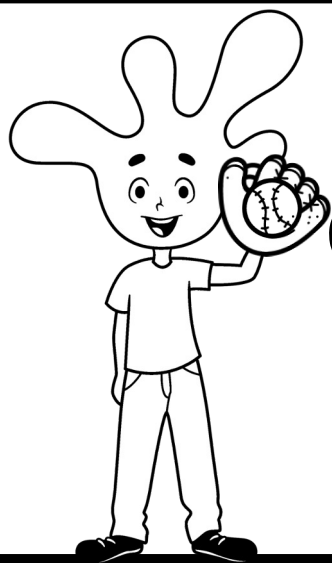
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How can
a growth
mindset
help you?

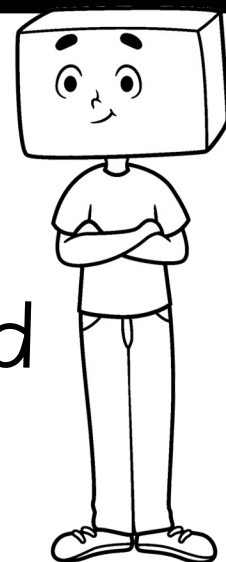
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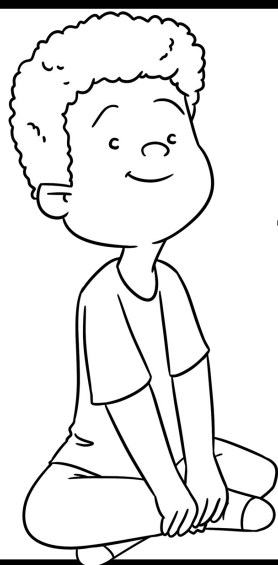
How did
Bubble
Gum Brain
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How did
Brick Brain
show a fixed
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about a
time when
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How did
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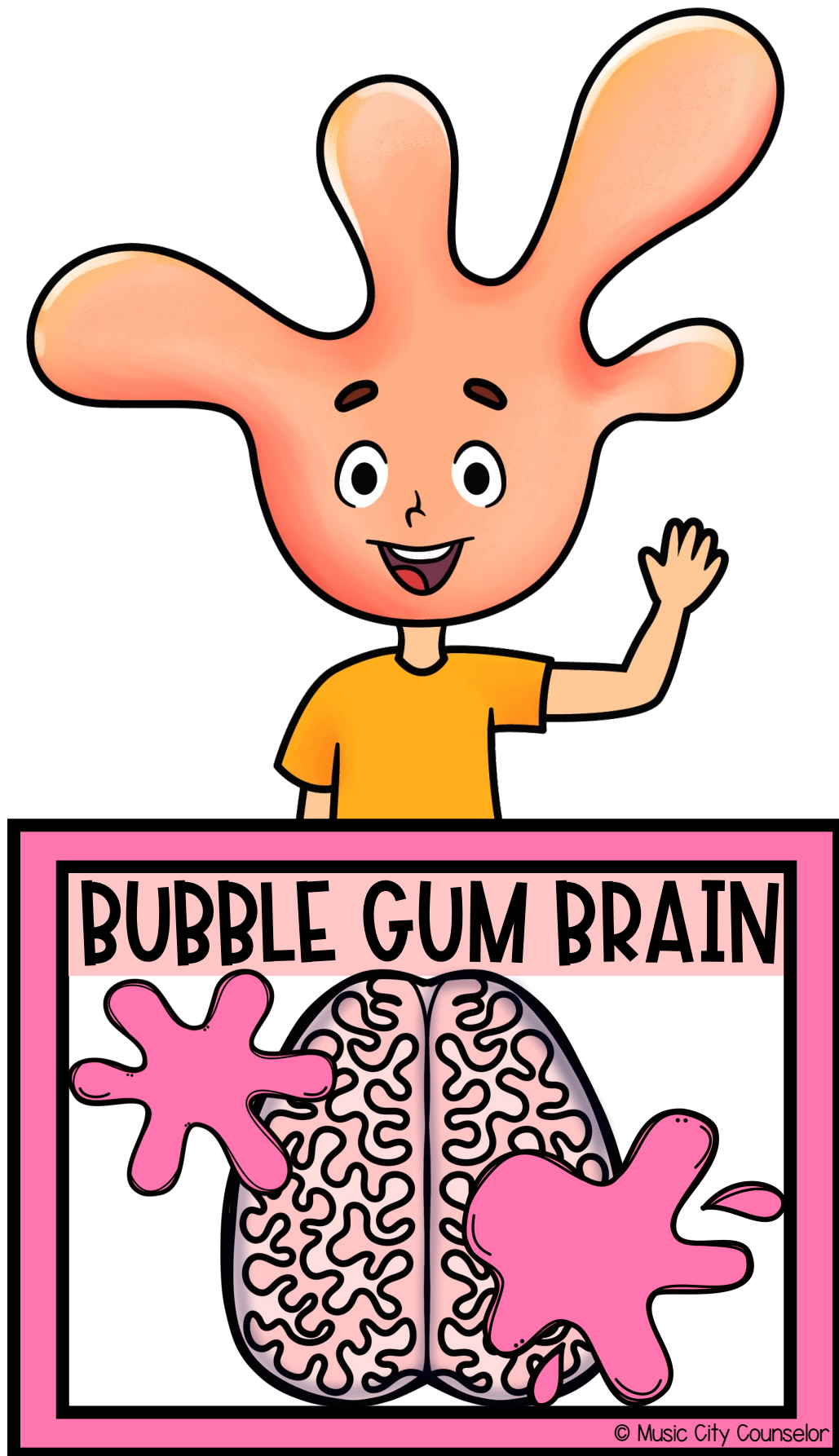
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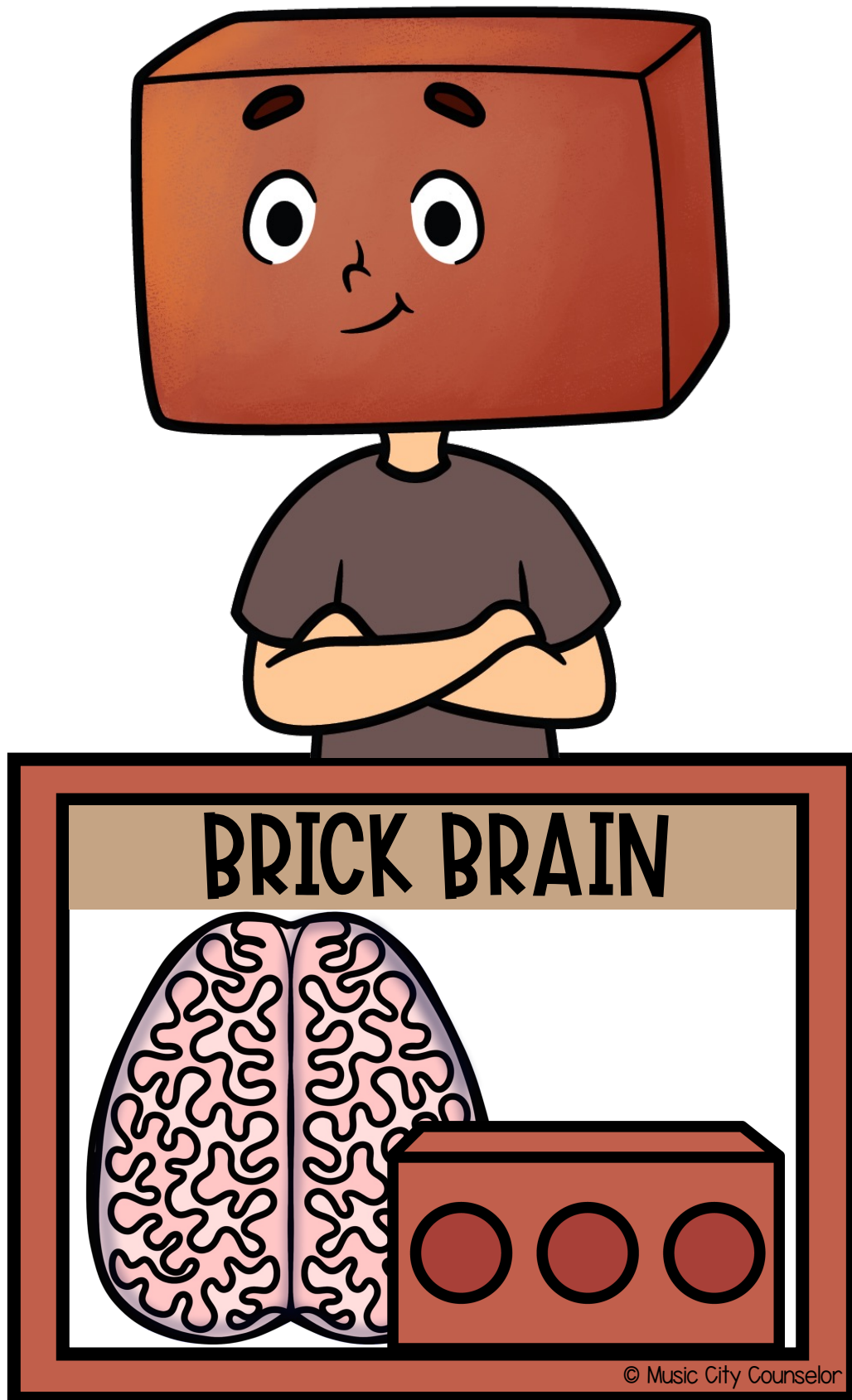
BAG SORTING GAME LABELS

(Cut these out and glue them to
paper lunch sacks!)

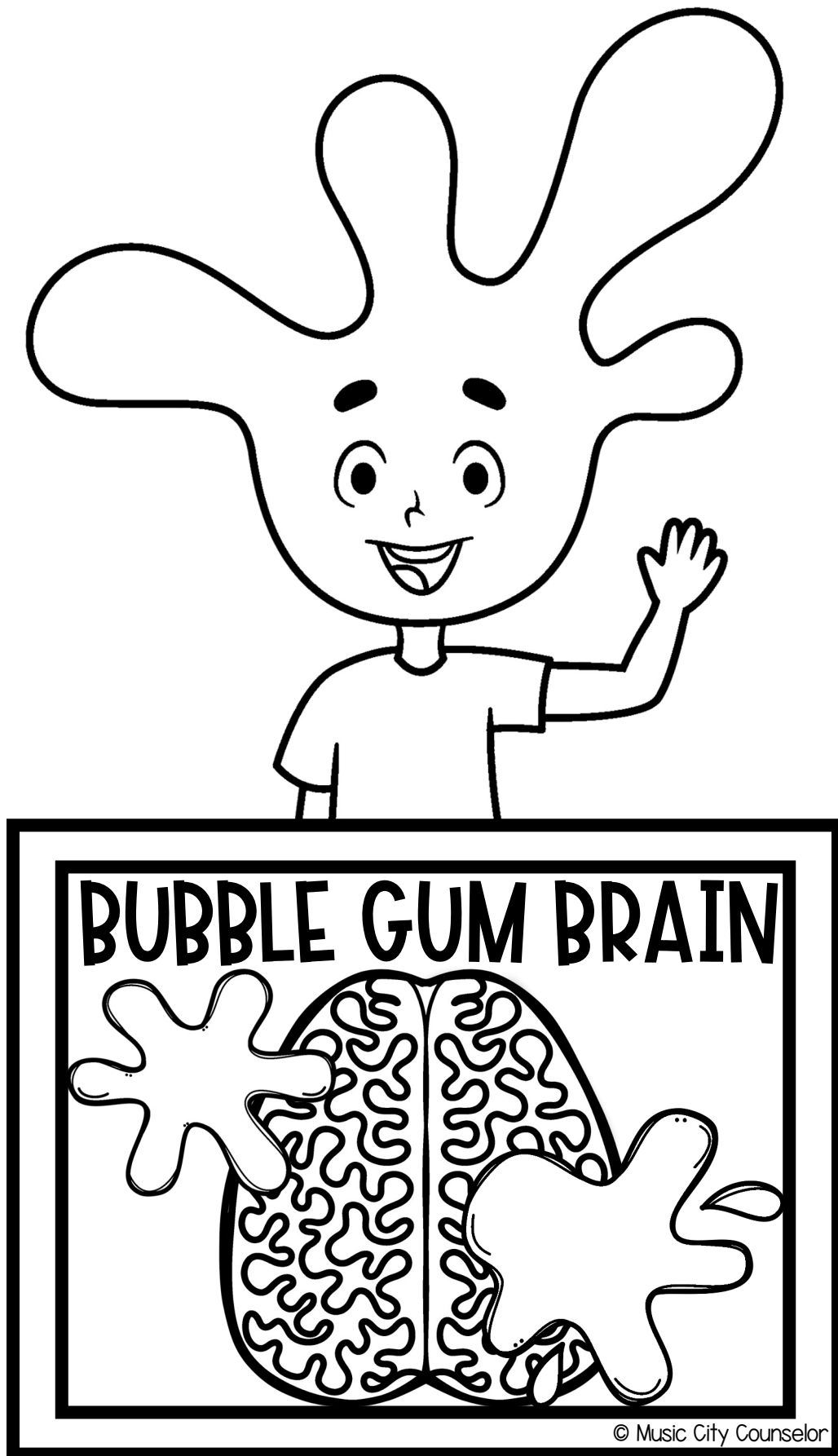
Please cut out and glue this character/label to the top of a paper lunch sack as shown in the sample.



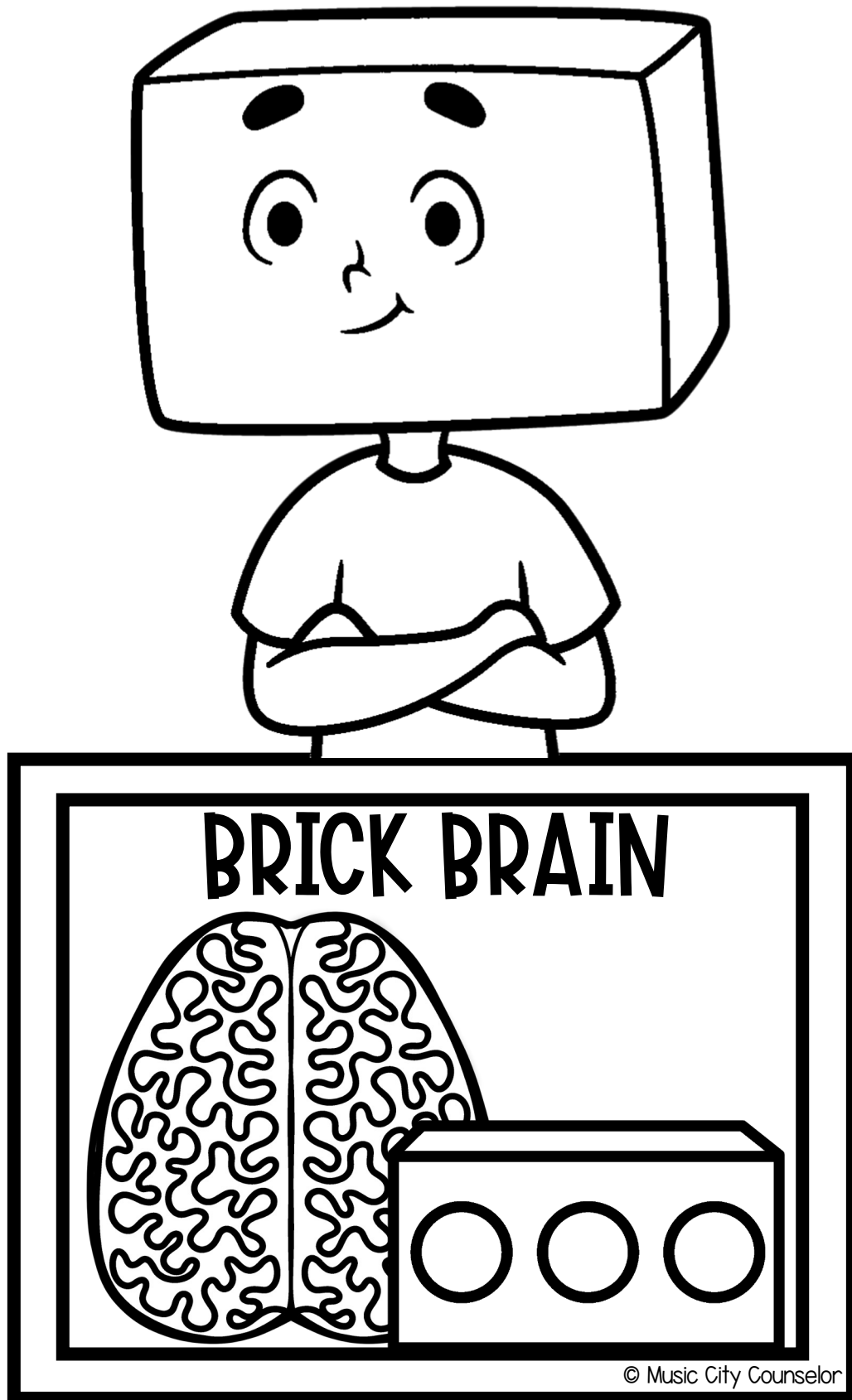
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Please cut out and glue this character/label to the top of a paper lunch sack as shown in the sample.



BAG SORTING
GAME
SCENARIO
CARDS



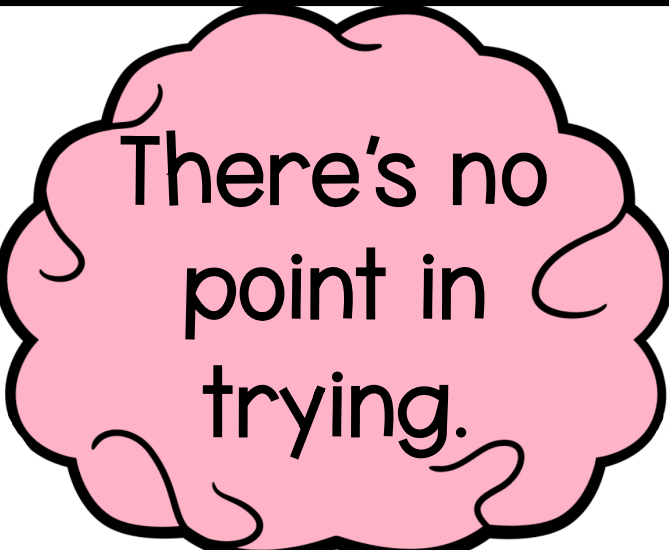
I'm just
not good
at this.

© Music City Counselor



With effort,
I can
improve.

© Music City Counselor



There's no
point in
trying.

© Music City Counselor



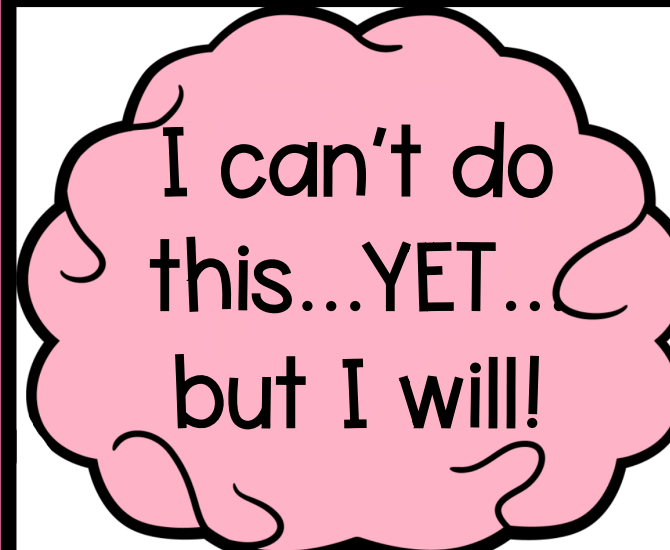
Mistakes
help me
grow.

© Music City Counselor




I'll never
get
better.

© Music City Counselor



I can't do
this...YET...
but I will!

© Music City Counselor



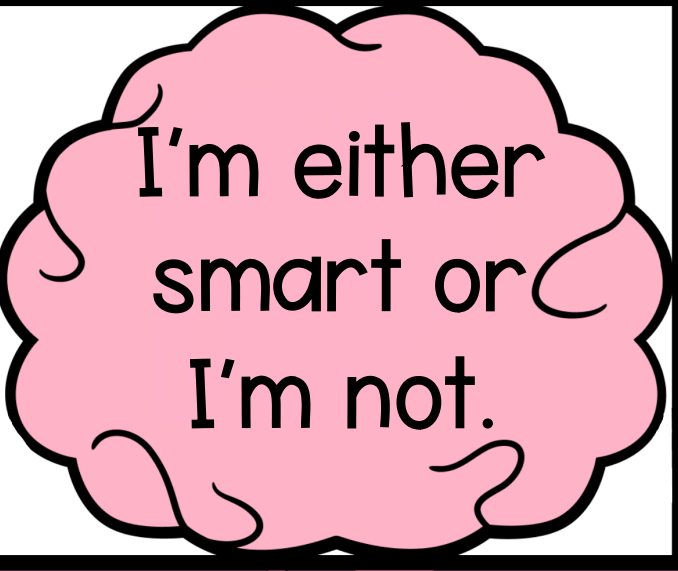
I am who
I am.

© Music City Counselor



I face
challenges
head on.

© Music City Counselor



I'm either
smart or
I'm not.

© Music City Counselor




Practice
helps me
improve.

© Music City Counselor



Mistakes
mean I
can't do it.

© Music City Counselor




Effort is
the key to
success.

© Music City Counselor



I'm not
smart
enough.

© Music City Counselor



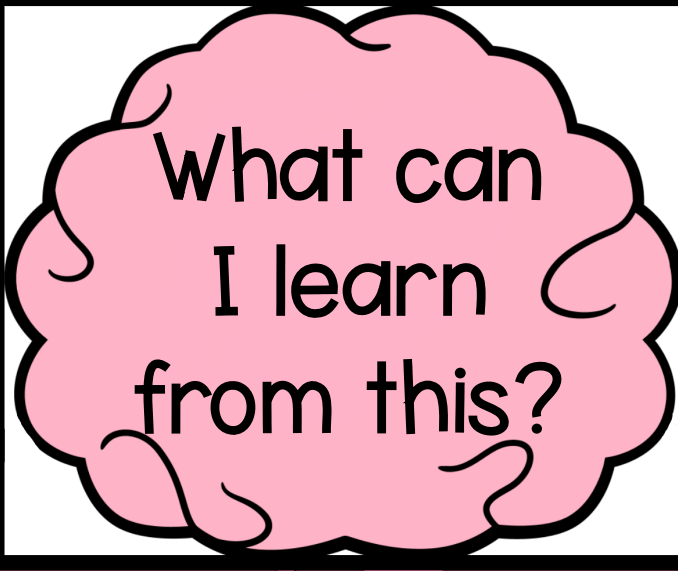
Failure is
part of
learning.

© Music City Counselor



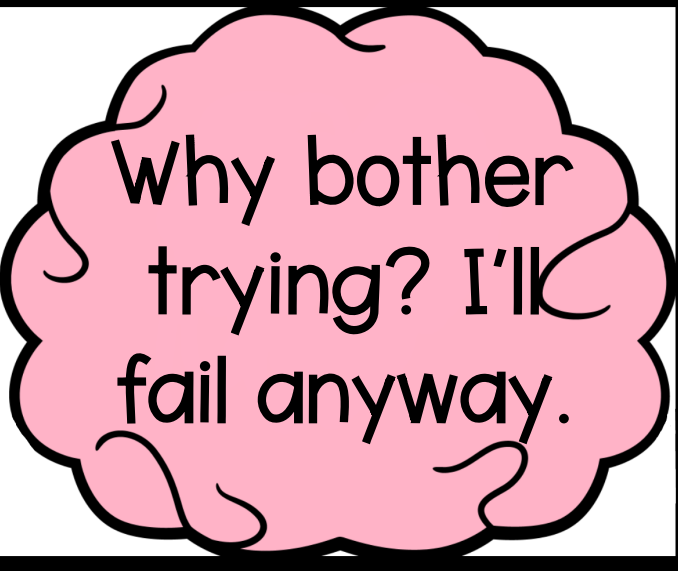
I'll never
be as good
as they
are.

© Music City Counselor




What can
I learn
from this?

© Music City Counselor



Why bother
trying? I'll
fail anyway.

© Music City Counselor



I push myself
out of my
comfort zone.

© Music City Counselor



This is just
too hard.

© Music City Counselor



I learn by
making
mistakes.

© Music City Counselor



I'll stick to
what I
know.

© Music City Counselor




Trying new
things helps
me grow.

© Music City Counselor




I'll stay in
my comfort
zone.

© Music City Counselor



A little
practice each
day adds up.

© Music City Counselor



What if I
can't do
it?

© Music City Counselor




Nothing
can stop
me!

© Music City Counselor




Hard work
won't make
a
difference.

© Music City Counselor



I keep trying,
I don't
give up!

© Music City Counselor



What if I
get it
wrong?

© Music City Counselor



I have
creative
ideas to
share.

© Music City Counselor



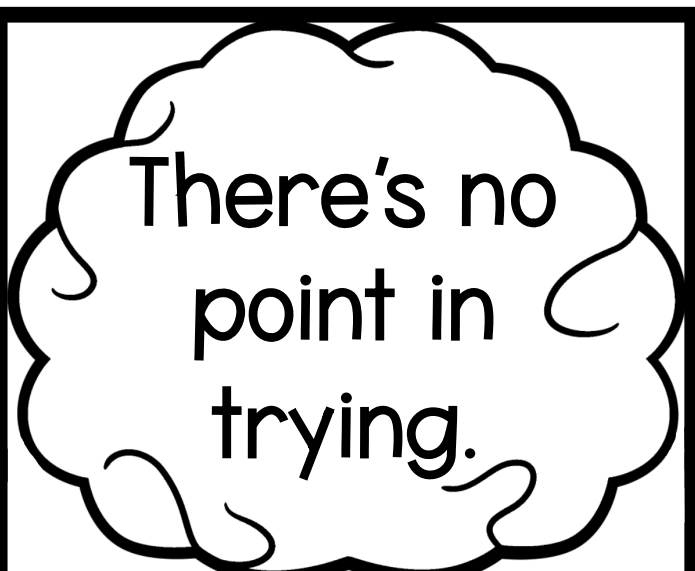
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© Music City Counselor



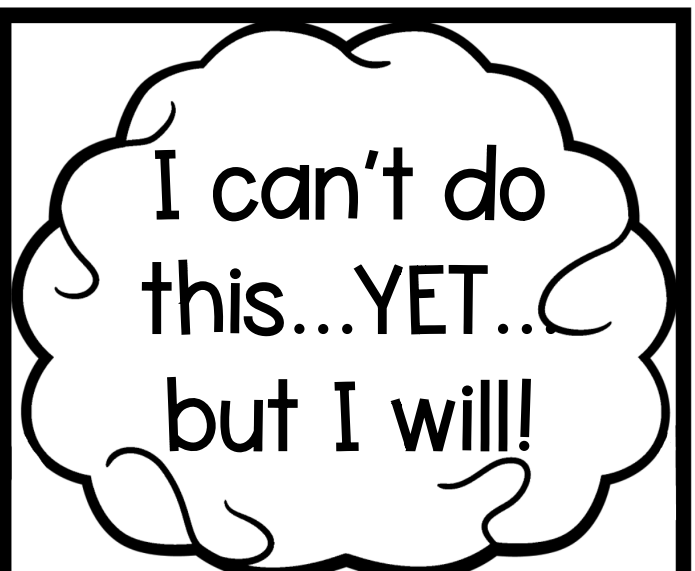
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but I will!

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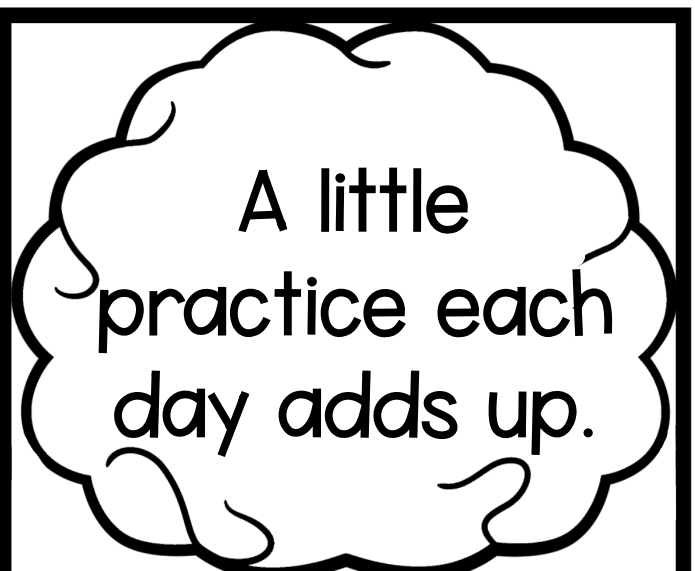
Trying new
things helps
me grow.

© Music City Counselor



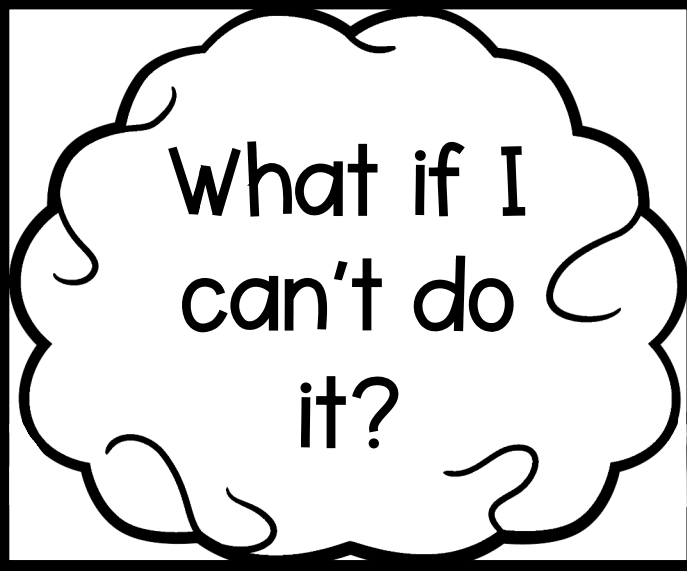
I'll stay in
my comfort
zone.

© Music City Counselor



A little
practice each
day adds up.

© Music City Counselor



What if I
can't do
it?

© Music City Counselor




Nothing
can stop
me!

© Music City Counselor



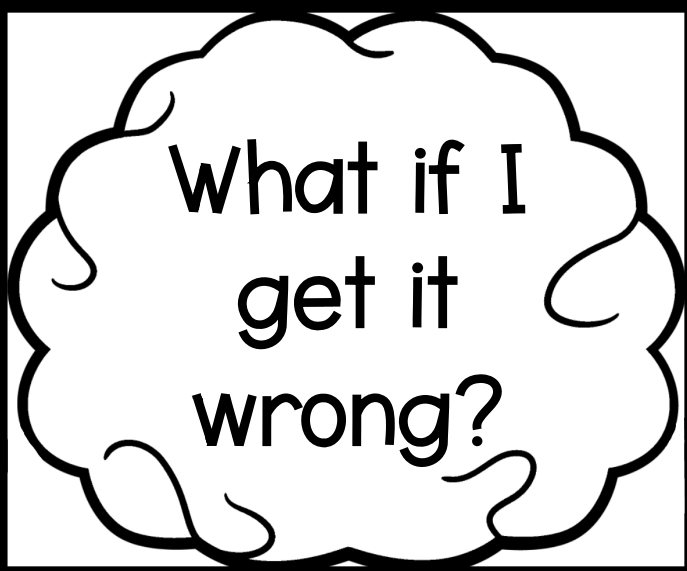
Hard work
won't make
a
difference.

© Music City Counselor




I keep trying.
I don't
give up!

© Music City Counselor



What if I
get it
wrong?

© Music City Counselor

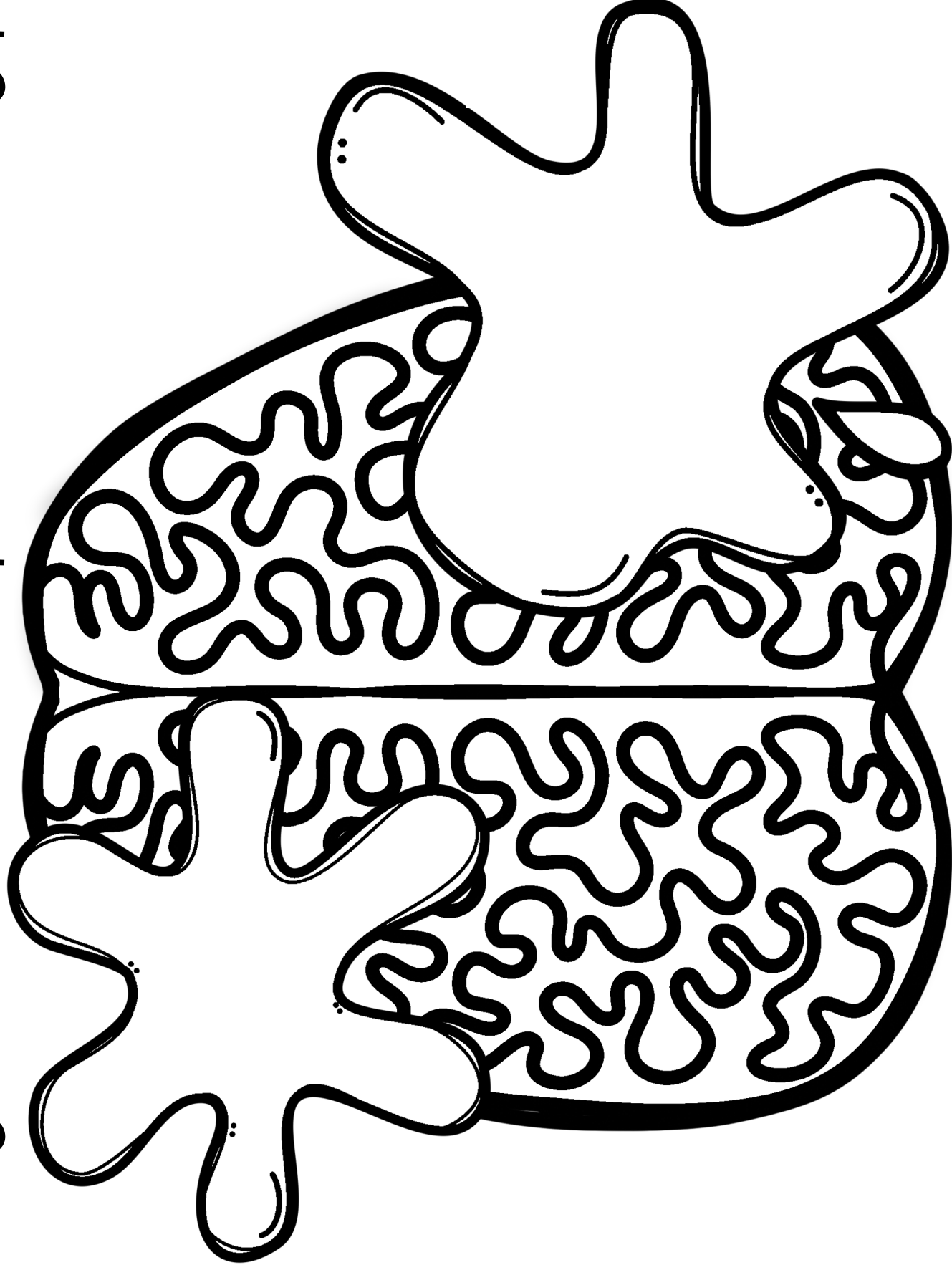


I have
creative
ideas to
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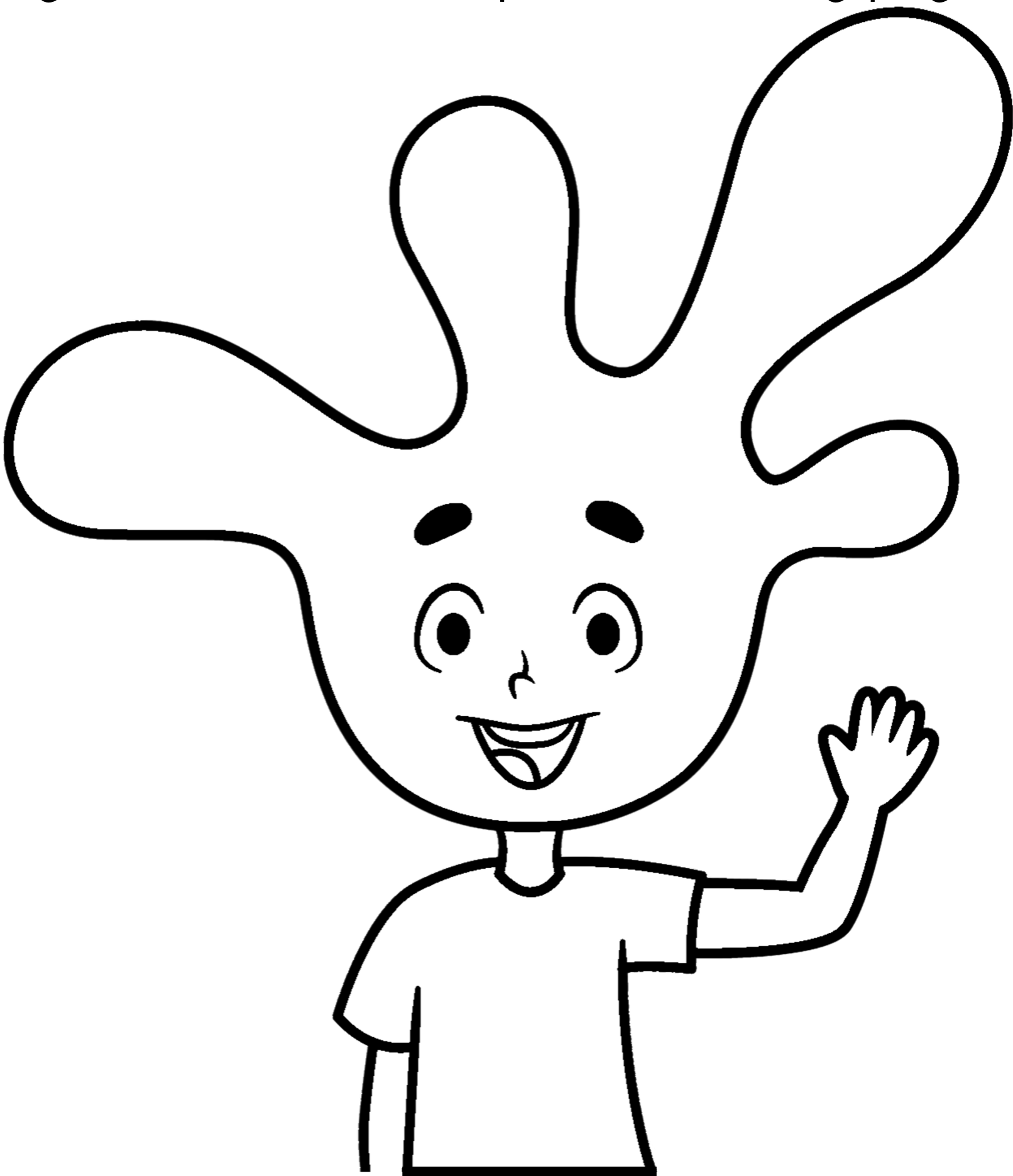
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CRAFT

Color and cut out this Bubble Gum Brain.
Then, glue it to the top of the writing page.



Color and cut out Bubble Gum Brain. Then, glue him to to the top of the writing page.



Name: _____

BUBBLE GUM BRAIN

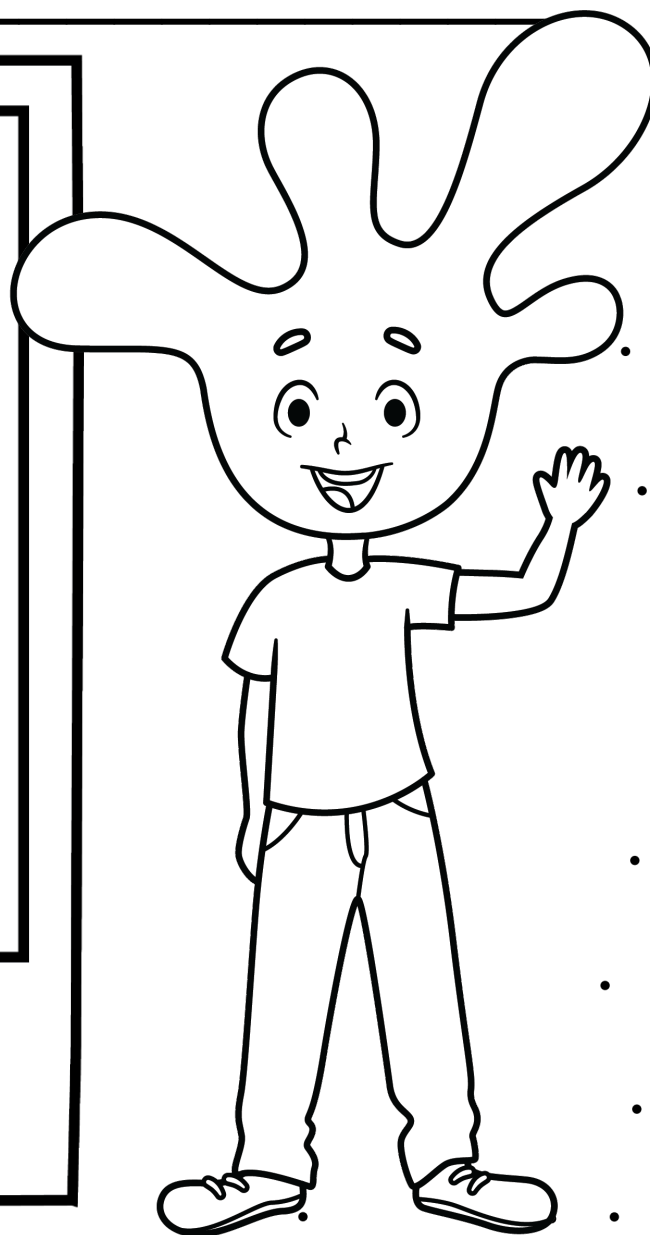
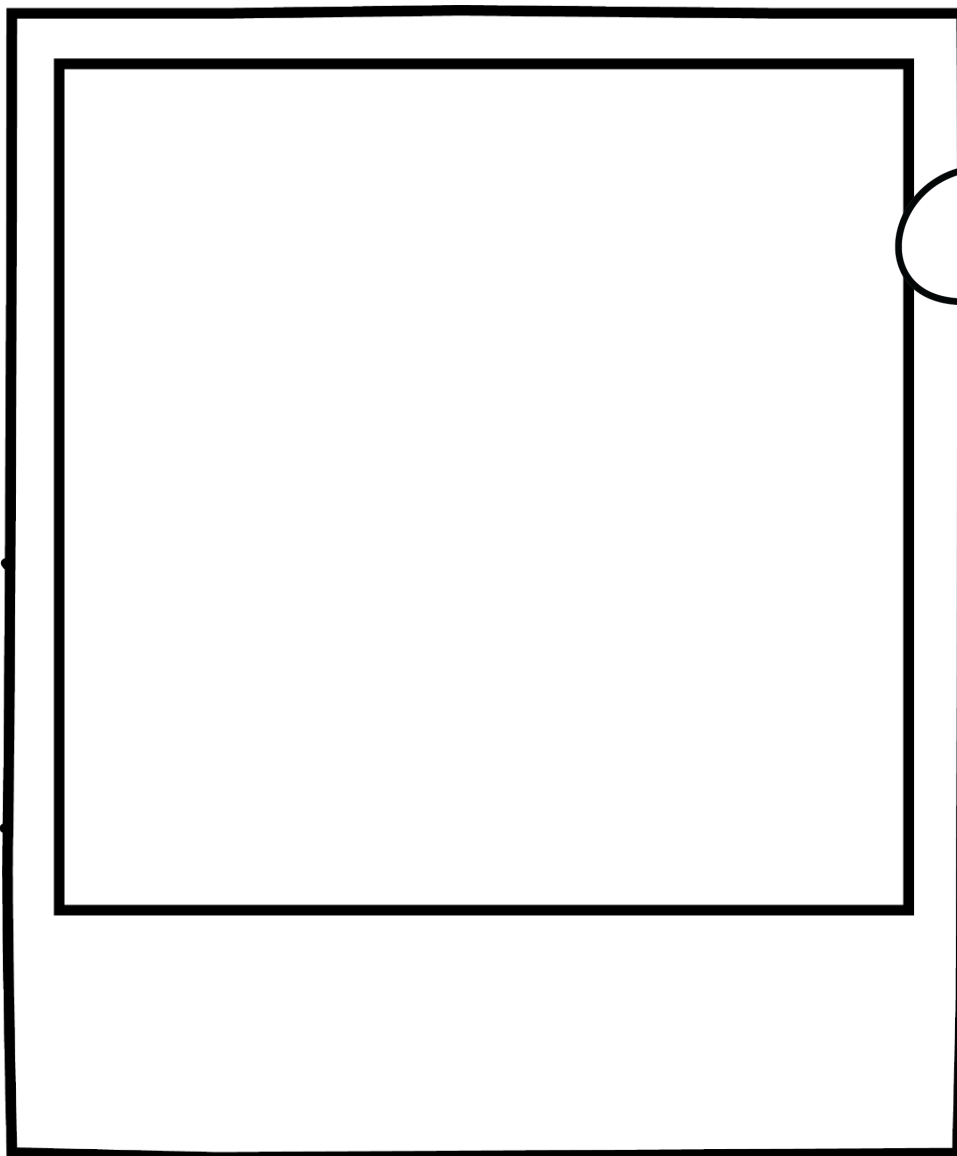
I have a Bubble Gum Brain when I...

WORKSHEETS

Name: _____

BUBBLE GUM BRAIN

Write and draw about a time when you
had a Bubble Gum Brain.



Name: _____

BUBBLE GUM BRAIN

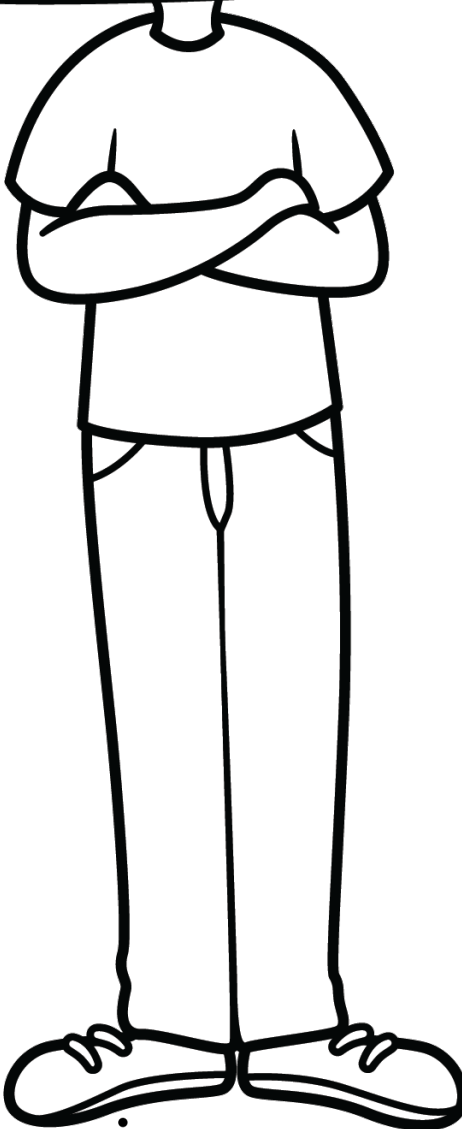
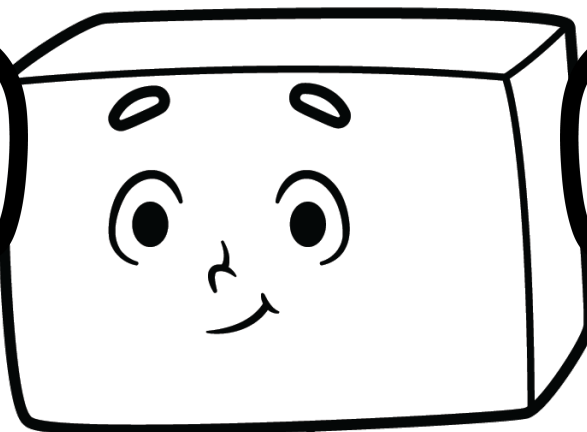
Brick Brain is struggling with a fixed mindset. Write in what he could say instead to have a growth mindset.

I'm too afraid to fail.

This is too hard.
I give up!

What if I make a mistake?

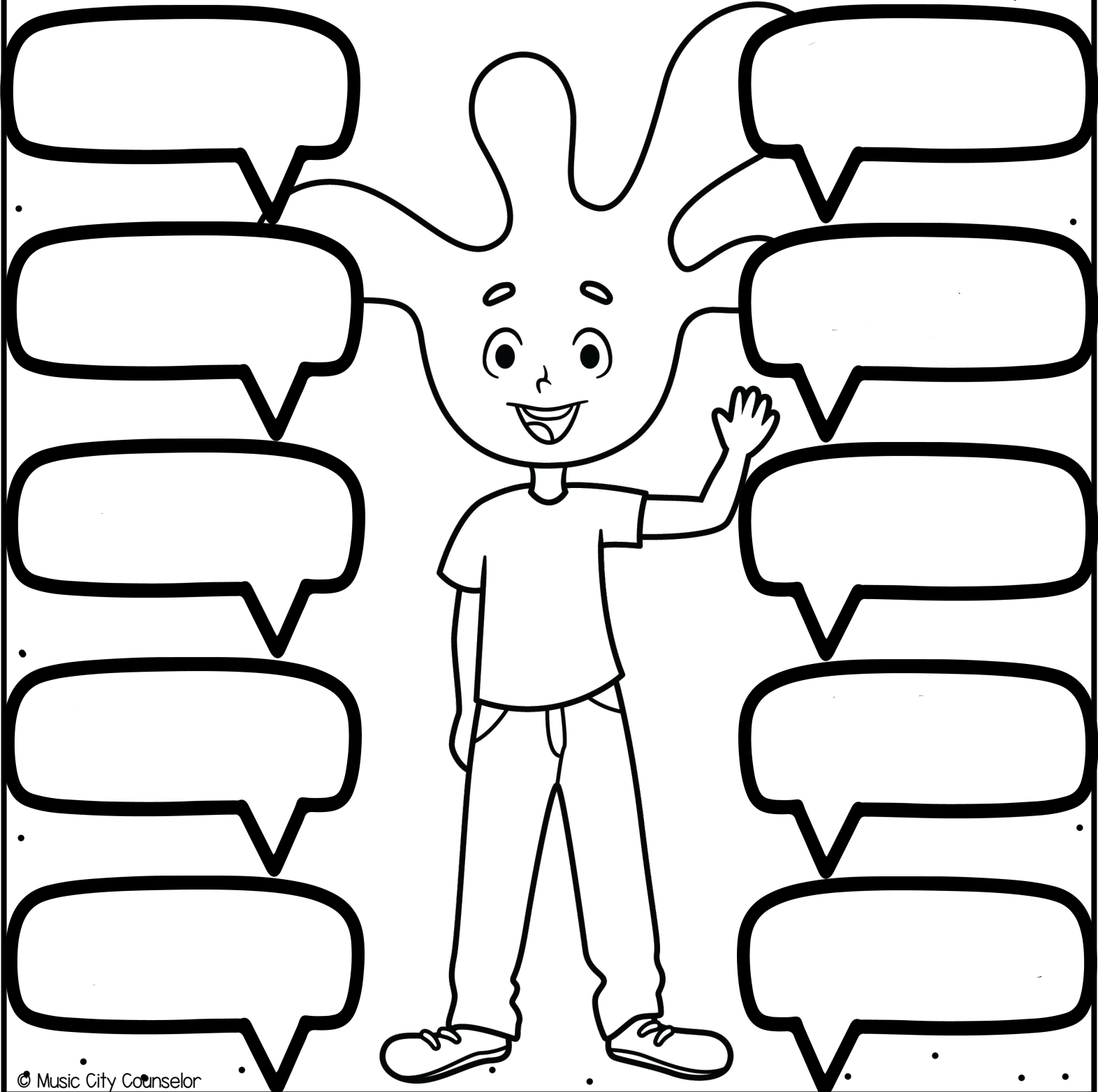
Why try? I can't do it.



Name: _____

BUBBLE GUM BRAIN

Write in each speech bubble something that someone with a Bubble Gum Brain would say.



Name: _____

BUBBLE GUM BRAIN

Color the Bubble Gum Brain statements PINK.

Color the Brick Brain statements BROWN.

What if I get it wrong?

This is too hard.
I give up!

I persevere.
I don't give up!

I learn by
making mistakes.

A little practice
each day adds up!

I can't do this
yet...but I will!

I'll keep trying
until I figure it out.

Why bother? I'll
never get better.

I'm not as good
as they are.

Trying new things
helps me grow.

COLORING PAGES

Name: _____

BUBBLE GUM BRAIN

I can't do this yet...but I will!

No one can stop me!

I learn by making mistakes.

I persevere. I don't give up!

Trying new things helps me grow.

I have creative ideas to share.

With time and effort, I can do it!

I face challenges head on.

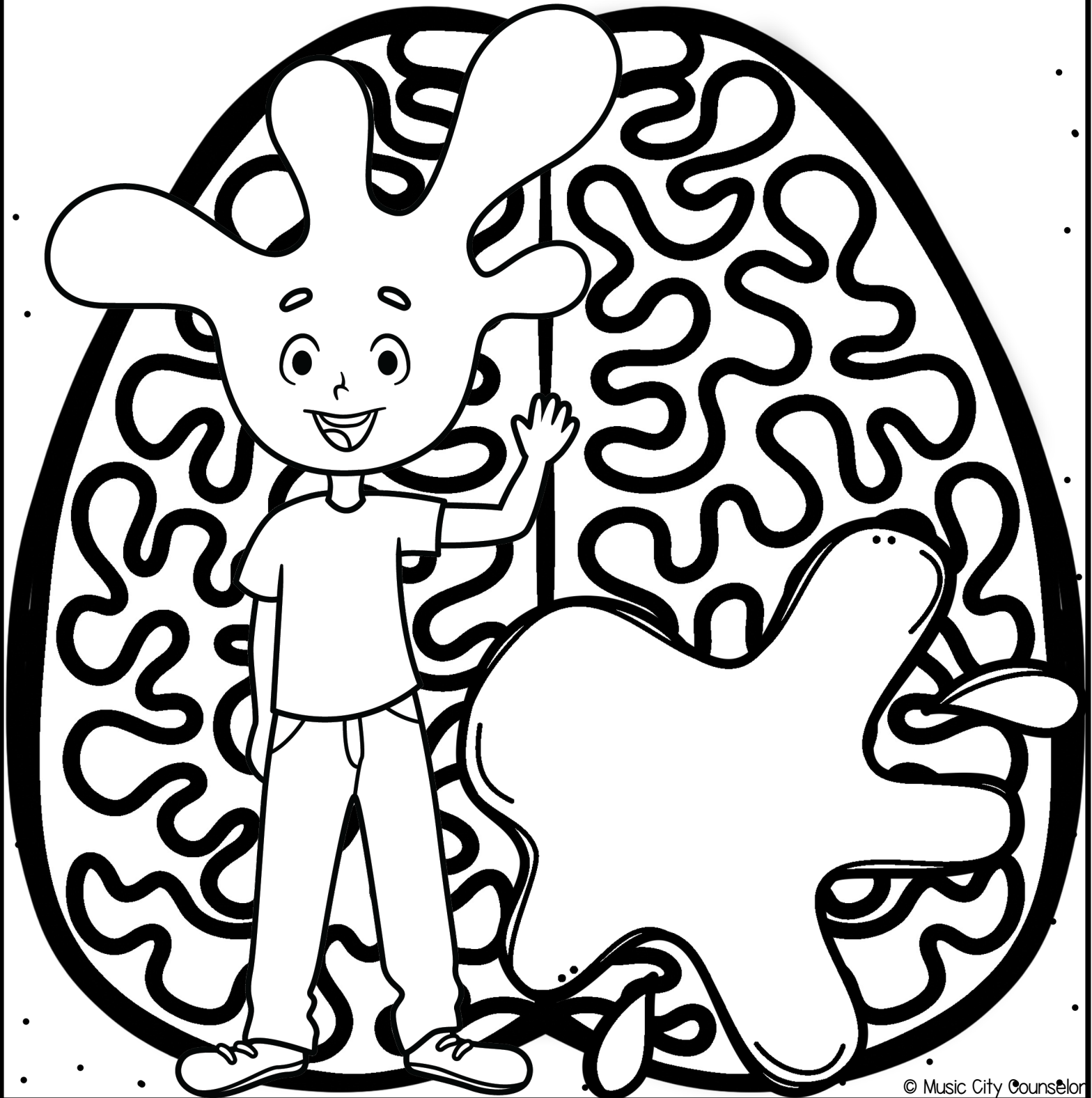
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I'll keep trying until I figure it out.

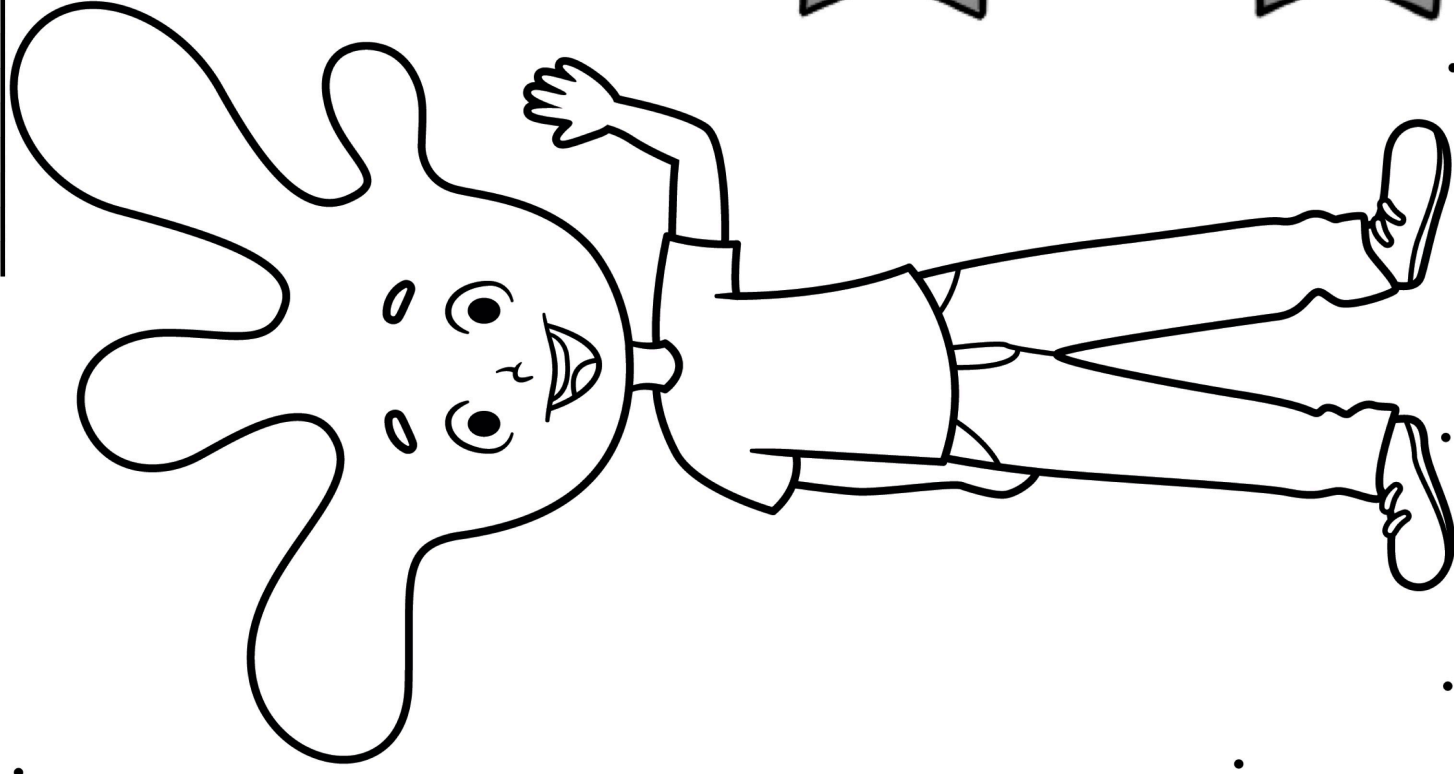


Name: _____

I have a
BUBBLE GUM BRAIN



Name: _____



GROWTH MINDSET

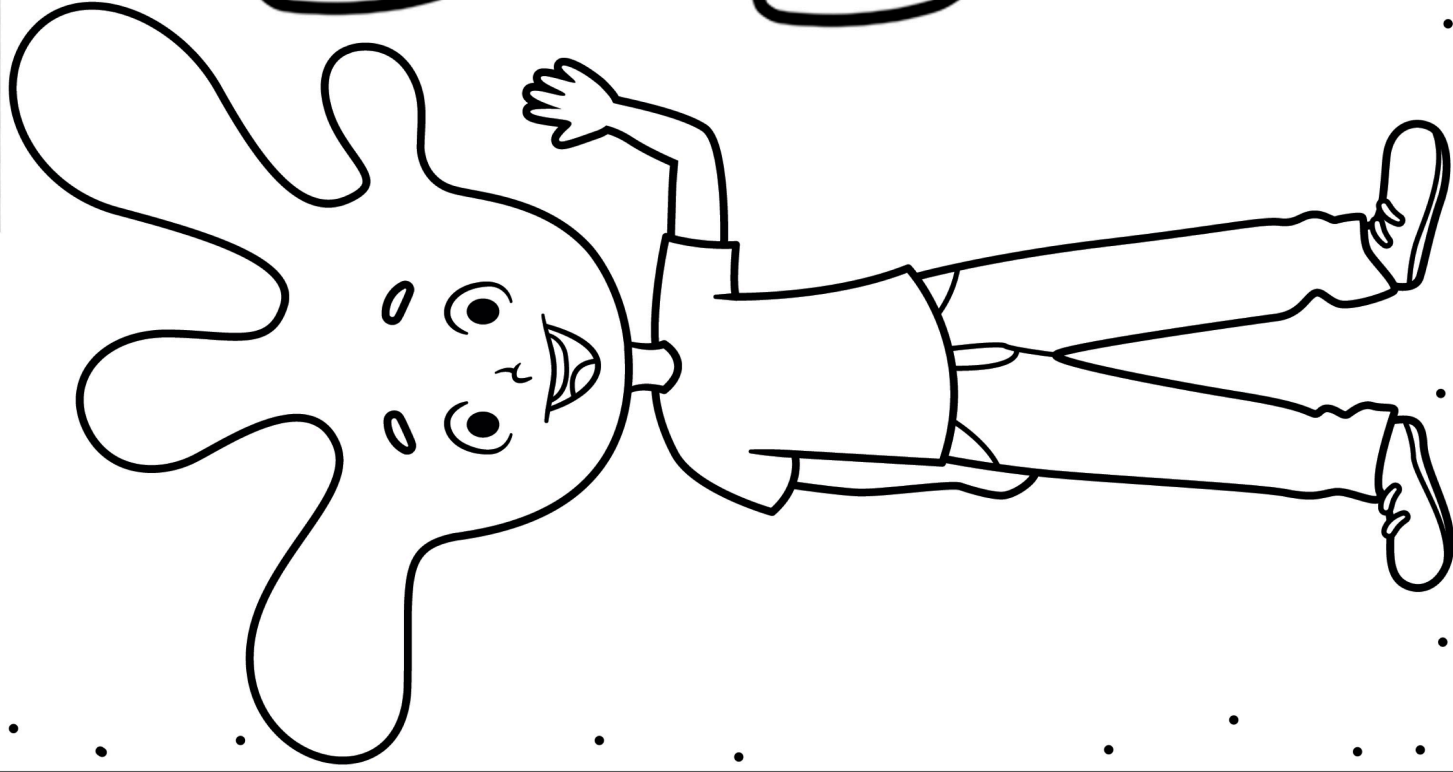
IT'S OKAY TO

NOT KNOW

IT'S NOT OKAY

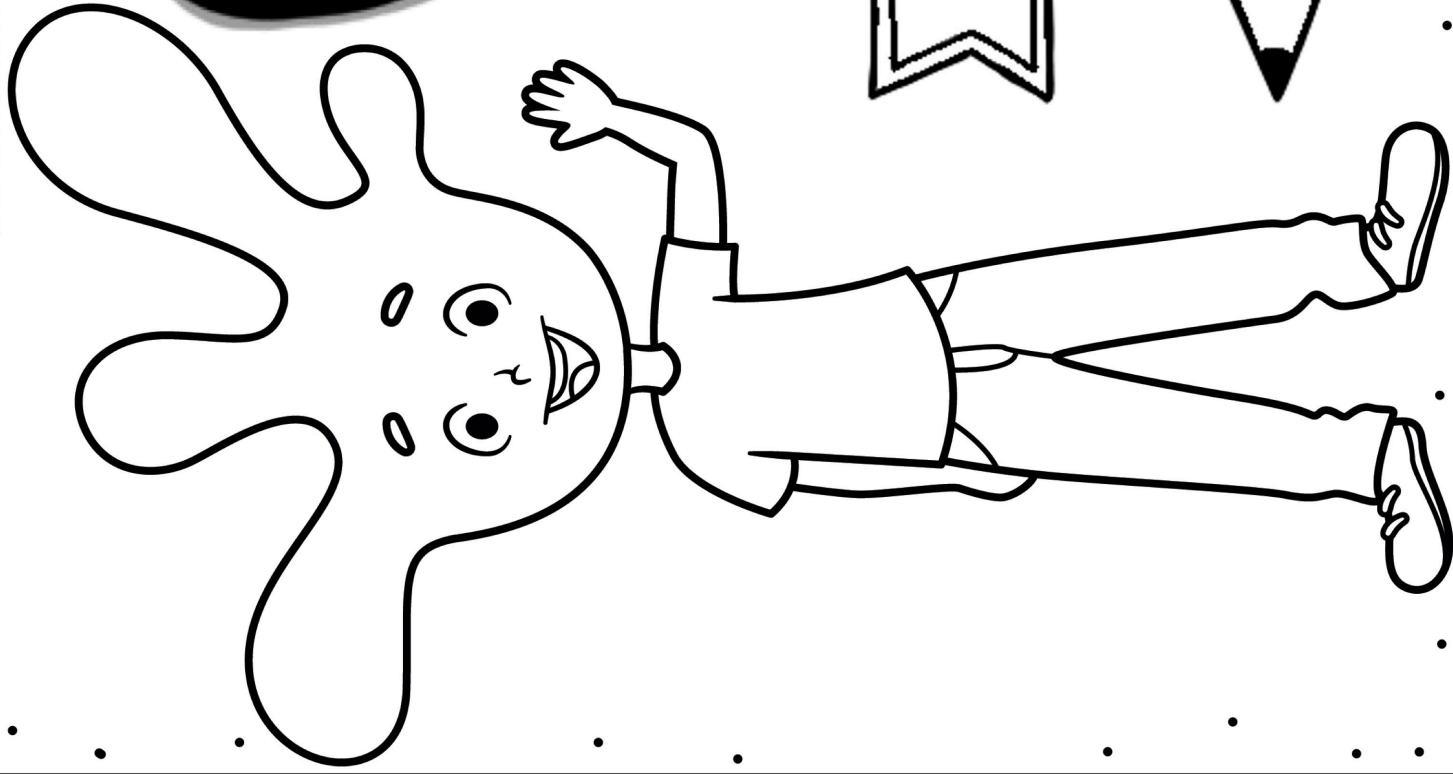
TO NOT TRY.

Name: _____



CHANGE YOUR
WORDS
CHANGE YOUR
MINDSET

Name: _____



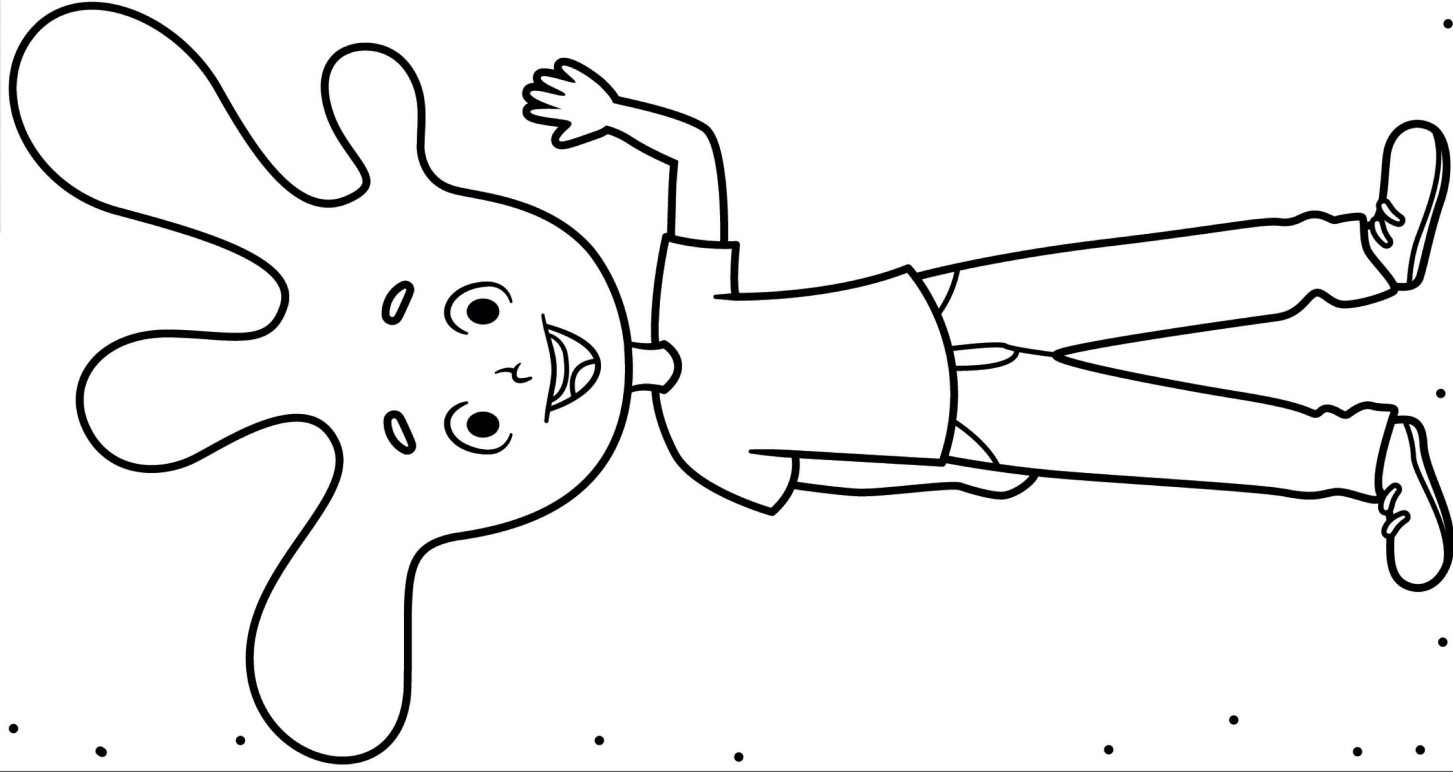
GROWTH MINDSET

MISTAKES

ARE PROOF YOU'RE

TRYING

Name: _____



GROWTH MINDSET THE POWER OF YET

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Please contact me any time at laura@musiccitycounselor.com with questions, suggestions, resource requests, or comments. I'm here to help and would love to hear from you!

♥ *laura oathout*

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